DJANOGLY
CITY ACADEMY

BTEC SPORT

LEVEL 3





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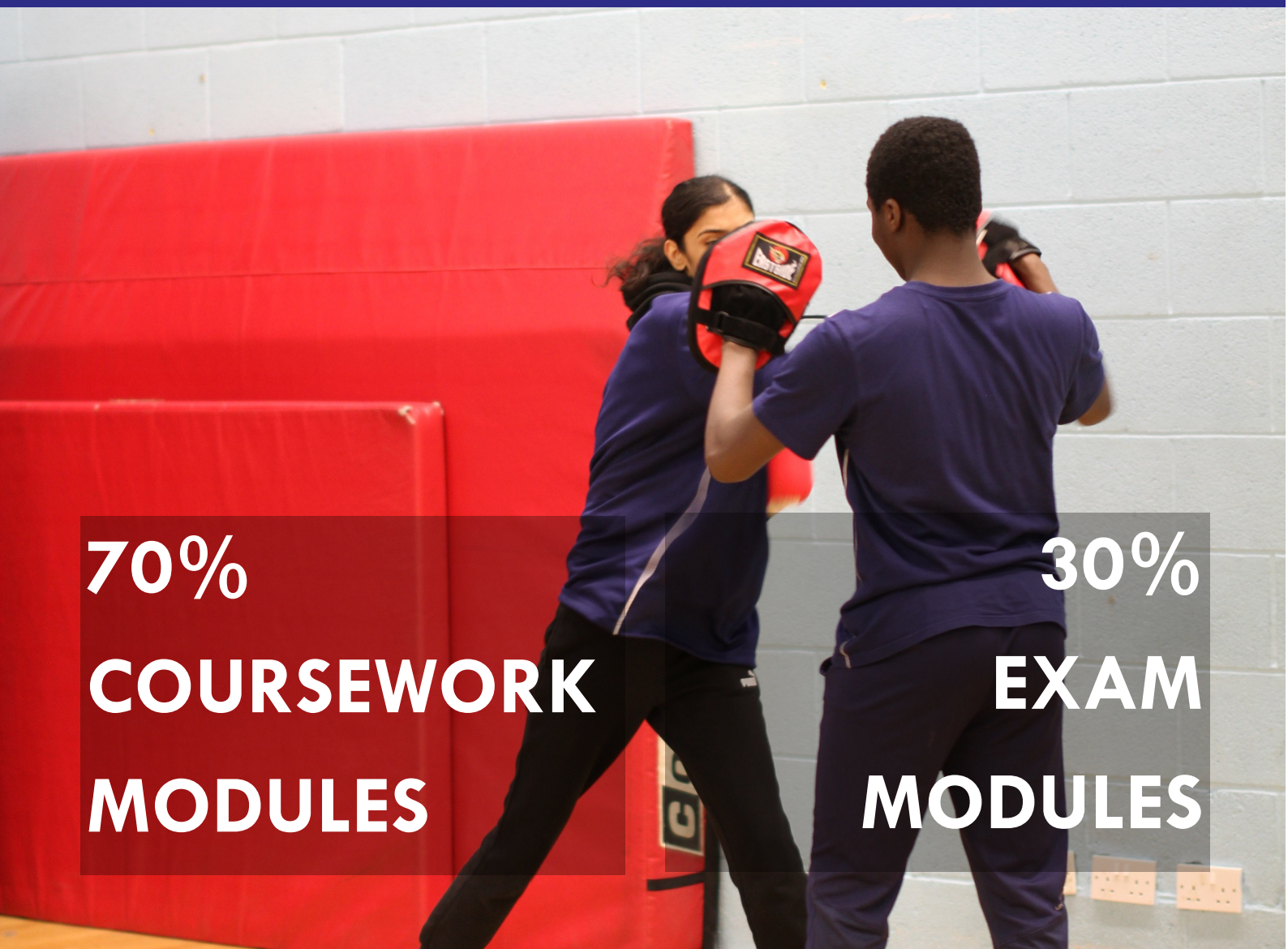
COURSE OVERVIEW

The BTEC Level 3 National Extended Diploma in Sport is intended to be a practical and theory qualification for Post-16 learners wanting to continue their education and who aim to progress to University and employment, possibly in the sports sector.

The qualification is equivalent in size to 3 A Levels and has been designed as a full-time, 2-year programme at Djanogly City Academy.

* 10 units
* 4 exams
* Units split into learning aims

The course is delivered by qualified PE teachers and scholars use academy supplied Google Chromebooks, with lessons and work completed in Google Classroom.



70% COURSEWORK MODULES

30% EXAM MODULES

COURSEWORK

MODULES

PROFESSIONAL DEVELOPMENT

* Skills required for different career pathways in sport
* Personal skills audit

SPORTS LEADERSHIP

* Leadership skills and techniques necessary when leading activities in different roles, i.e Coach, Personal Trainer

FITNESS TESTING

* Conduct a range of fitness tests for different components of fitness

SPORTS PSYCHOLOGY

* Introduces psychological techniques that can be used to enhance performance

PRACTICAL SPORT PERFORMANCE

* Skills, techniques, tactics and rules of selected sports, through active participation in individual and team sports

SPORTS COACHING

* Coaching techniques

RESEARCH METHODS

* Conduct a research project of your choice and present it

SPORTS INJURY

* Study the signs and symptoms of sports injuries
* Application of basic treatment and rehabilitation methods
* Injury risk factors and injury prevention

SKILL ACQUISITION

* How do performers learn a skill
* Difference between skill and ability

RULES AND OFFICIATING IN SPORT

* Explored the historical development of the rules and regulations in a selected sport

EXAM MODULES

ANATOMY & PHYSIOLOGY

* Skeletal, muscular, cardiovascular and respiratory systems function
* Energy systems

FITNESS TRAINING & PROGRAMMING

* Client screening and lifestyle assessment
* Fitness training methods and fitness programming

SPORTS DEVELOPMENT

* Write a proposal for a sports development project
* Making sport inclusive to all

BUSINESS IN SPORT

* Skills needed to work in business
* How sports businesses are organised



ENTRY REQUIREMENTS

FOR BTEC SPORT LEVEL 3

To study BTEC Sport you should aim to achieve at least 5 GCSE grades at 4 or above, including; PE/Sport, Maths and English.





We are linked in partnership with Nottingham Forest Community Trust Football Development programme

Taster sessions in the school holidays at the Forest Sports zone

OPPORTUNITIES IN SPORT
AFTER COLLEGE

APPRENTICESHIPS

* **Sport Coaching**
* **Primary PE Teacher**
* **Personal Training**

UNIVERSITY COURSES

* **Sport Science**
* **Sport Coaching**
* **PE Teaching**
* **Personal Training**
* **Sport Analysis**
* **Leisure Management**

EMPLOYMENT

* **Nutritionist**
* **Gym Instructor**
* **Coach**
* **Physio's Assistant**
* **Teacher**
* **Referee**
* **Strength and Conditioning Coach**
* **Personal Trainer**

OPPORTUNITIES IN OTHER AREAS
AFTER COLLEGE

Previous scholars have gone onto study and work in a variety of professions including;

* **Business**
* **Engineering**
* **Hospitality**
* **Science**


LEG PRESS


REFEREE
FIFA





UNIVERSITY COURSES AND ENTRY REQUIREMENTS

When our students finish their BTEC, we want to help them choose their next path!

We believe in informing and motivating our students about their future, by providing work-shops related to different career pathways, presentations/talks by professionals and work experience placements at secondary and primary schools.

University can be a great step for some students when they finish college. Studying BTEC Sports Level 3, provides you with many transferable skills, making a vast choice of university courses available.

BTEC Extended Diploma Grades	UCAS Tariff Points
D*D*D*	168
D*D*D	160
D*DD	152
DDD	144
DDM	128
DMM	112
MMM	96
MMP	80
MPP	64
PPP	48

University of Lincoln

Course:
Sport Coaching and Development

UCAS points:
DMM—112

Forest

Course:
Football Development and Administration

UCAS points:
DMM—96

University of Derby

Course:
Sport and Education

UCAS points:
DMM—112

Nottingham Trent University

Course:
Sport and Exercise Science

UCAS points:
DMM—128

Loughborough University

Course:
Sport and Leisure Management

UCAS points:
DMM—112

Vision West Nottinghamshire College

Course:
Exercise Science and Youth Sport

UCAS points:
MMP—80
MPP—64

University of South Wales

Course:
Sports Psychology

UCAS points:
DMM—112

ALUMNI

UNIVERSITY OF LINCOLN

George Billings
University of Lincoln

"I tried an IT course at college but still came back to Djanogly to do the BTEC Sport as I came to school here and was comfortable in an environment I knew. I am now at the University of Lincoln, living away from home and studying to be a Sports Coach."

SAINT LOUIS UNIVERSITY

Jermaine Kennedy
DDM
St Louis University USA
Soccer Scholarship

"The football programme at Nottingham Forest really helped my football skills. The coaches were UFFAA and B Level and helped me get a scholarship to play football at university in America."

NOTTINGHAM TRENT UNIVERSITY

Charlie Walker
D*D*D*
Sport Science

"The course is more about coursework than exams. This worked better for me and I got a triple distinction overall, which allowed me to go onto study Sport Science at Nottingham Trent University."

UNIVERSITY OF TORONTO

Frankie Corbett
MMP
Toronto University
Canada Soccer Scholarship

Loughborough COLLEGE est. 1909

Abdulla Alshnitri & Toby Petchell
DDM
Sport Coaching

"I was able to retake my English and Maths GCSEs during Year 12 and 13. Now I have moved back to Libya and studying to be a dentist at university."

Aston University Birmingham

Junior Maningi
DDD
Business Management

"I wasn't into football so the course allowed me to work and earn money in the afternoons. Even though it's a sport course, I've gone to University in Birmingham to do Business Management as I really enjoy the Sport and Leisure Management."

WHY DJANOGLY...



Experience Primary PE teaching at Djanogly Primary Schools



Dedicated tutors offering help with

* Career advice
* CV writing
* Job applications
* University tours
* UCAS applications

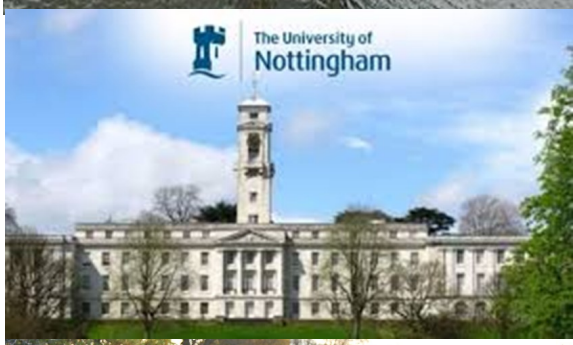


Free use of Djanogly Leisure Centre Gym



Trips

* Holme Pierrepont Outdoor Adventure
* Sporting Events—Football, Cricket, Rugby, Tennis
* Universities
* Employment and Careers



Coaching Qualifications (in addition to the course)

* Gain a Level 2 Coaching Award
* Get paid up to £25 an hour to coach your sport in primary schools and your local club
* Be a sports leader at Djanogly City Academy—coaching in primary schools and with years 7-11





Djanogly
City Academy

Djanogly City Academy

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www.djanogly.notts.sch.uk

Djanogly
Learning Trust

Djanogly City Academy is a member of the Djanogly Learning Trust

www.djanogly.org