Djanogly

City Academy Sixth Form

Sixth Form revision techniques for extended writing –

Two Slow, One Fast

Extended Writing

This technique help you to focus on the ‘content knowledge’ for your subject as well as the ‘Exam skills’ needed to apply that knowledge correctly.

Two Slow, One Fast

(good for subjects with extended writing or mathematical problem solving)

Skill development drill which requires you to **repeat a tricky process** 3 times (works well with subjects that require extended writing or mathematical problem solving). Stolen from sport!

Slow Slow



Two Slow, One fast

The first point to note is that you should NOT worry about going slowly. Take your time and be thorough!

The key thing is that you nail the slow bit first

Two Slow, One fast

This is a drill that is designed to take away all the chaos and uncertainty of answer a question in an exam. A single skill is focused on and repeated.

Go Slow.

You're going slowly, paying attention to what you do. That might mean taking half an hour to work through a short exam question, twenty minutes on an exam math's equation, an hour on a couple of science questions or 30 minutes on a killer paragraph for an essay.

You now repeat this process again – see how much you can memorise!

Go Fast.

You can now apply the learning under exam conditions. Pick an exam question (or write your own), work out how long you would have in an exam and see whether you can perform at the same level but under the pressure of time.

Two Slow, One fast

Further help

For each question, work out a model answer that focuses on two separate areas – Content and Skill.

CONTENT:

Start by brainstorming all the relevant (perhaps use a graphic organizer to group and organize your ideas for this - mind maps, comparison table, flow chart, graphs)

Use a **mark scheme** to see what content the examiner is looking for.

SKILLS:

Use an **examiners report** to see what examiner is saying about previous attempts.

Identify the trigger word and detail what it means and how to do it (analyse, explain, compare and contrast)

Identify a single key skill and focus on it

Identify the relevant writing style for that subject (PEAK, Burger etc.)

Note the amount of marks available