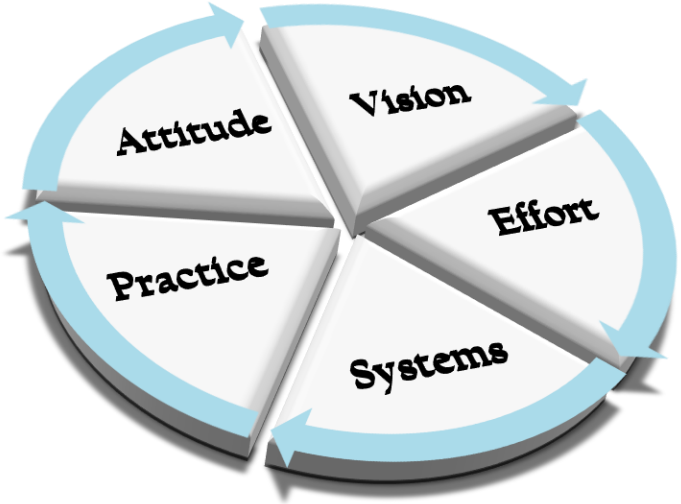
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HOW VESPA CAN SUPPORT YOUR EXAM PREPARATIONS

The characteristics we see as key to success in sixth form

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BREAKTHROUGH CHARACTERISTICS - VESPA



VISION	**You know what you want to achieve**
EFFORT	**You use your study periods to complete Directed and Pro-active Study every day**
SYSTEMS	**You organise and plan your learning**
PRACTICE	**You regularly complete Past Papers and Exam Questions and review your learning**
ATTITUDE	**You respond to setbacks positively (Growth Mindset) and use them to improve your grades**

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VISION – KEY PRINCIPLES

Dream v Goal

(with a bias towards action)

Students will:

- **Use the grades you need to get onto your University course/ apprenticeship as a source of motivation.**

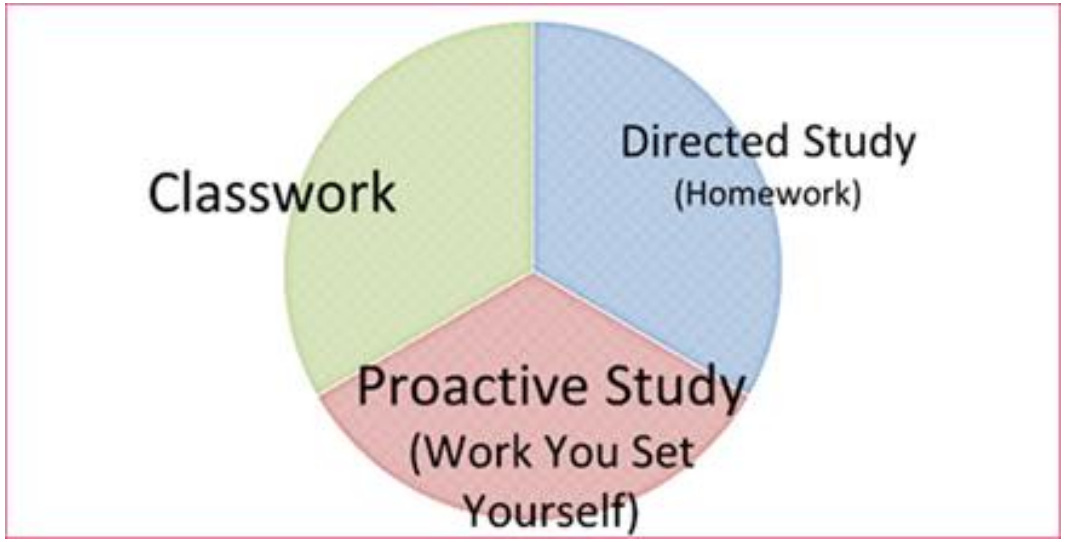


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EFFORT - KEY PRINCIPLES

Students will:

- **Complete Directed study (homework) as soon as it is set**
- **Have a series of Pro-active study activities to complete regardless of teacher instruction**
- **Choose high-effort spaces to work (Library)**



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4 THINGS TO DO DURING STUDY PERIODS

Directed Study = Homework

Proactive Study = Revision

DIRT = Dedicated Independent Research Tasks

Flipped Learning = Learning carried out in preparation for lessons

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SYSTEMS - ORGANISE YOUR FOLDERS

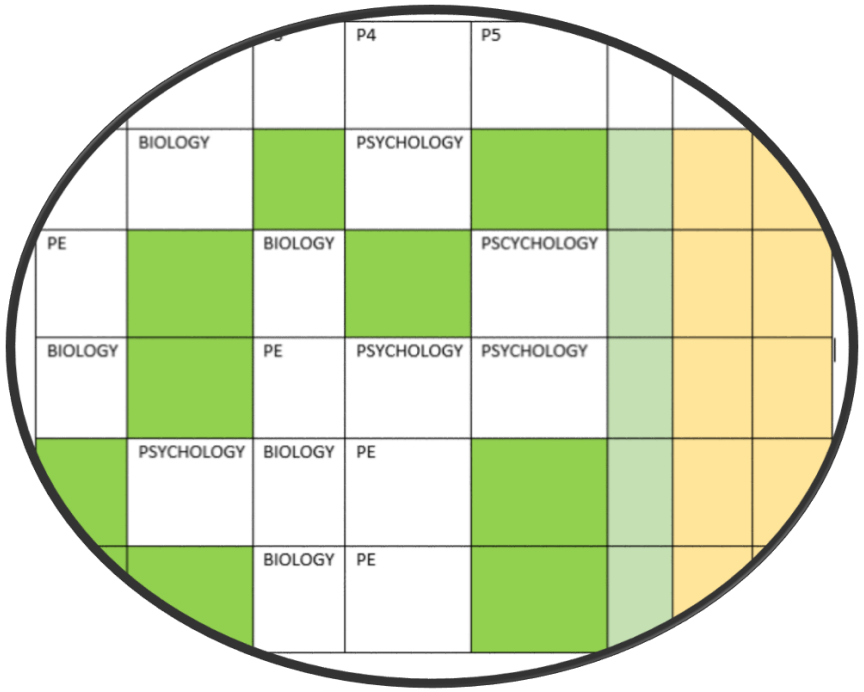
- 4 folders
- 1 for daily use
- 1 for each subject
- Organised using the folder check list

Checklist	Meets Criteria? (please circle)	Areas to address (please comment if circled 'no')
Is your work in a secure folder?	Yes/No	
Is a specification included in the file?	Yes/No	
Is the work organised into sections relating to the specification?	Yes/No	
Is the classwork complete?	Yes/No	
Is the homework complete?	Yes/No	
Revision		
Past papers used	Yes/No	
Mark Schemes used	Yes/No	
Revision notes created *(flashcards, tables, mindmaps)*	Yes/No	
Examiner reports used *(if relevant)*	Yes/No	

FOLDER CHECK RESULT **Pass** **Fail**

If fail, re-submit by……

SYSTEMS - PLAN THE WEEK AHEAD



"What have I learned, completed or achieved, that I hadn't an hour ago?"

In every 1 hour block, put in activities that:

1) **Will take you no more than 50 minutes to complete. This could be one task, or a number of smaller tasks. Make sure you can complete these tasks in the 1 hour slot**

2) **Has specific directed and proactive study tasks set out e.g not just 'PE', but 'learn the components of fitness' or 'complete 2 extended length questions focusing on…..' or 'watch a video clip and summarise in note form'. This is where our next session will help or read an online journal around a specific topic**

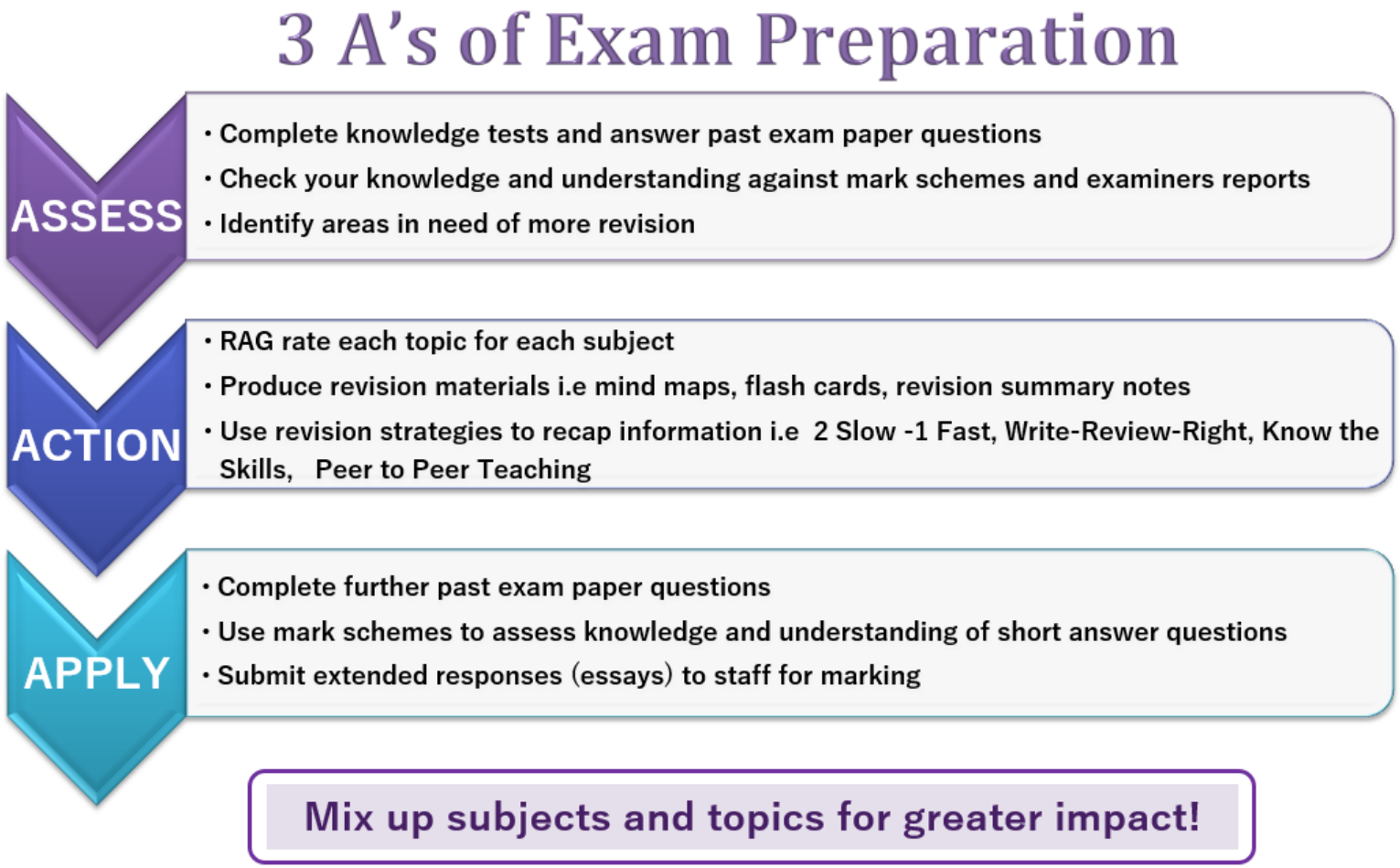
3) **You must know exactly what you are going to do during every period.**

PRACTICE – KEY PRINCIPLES

- Past papers
- Exam questions
- Mark schemes
- Examiners reports

Content revision
Flash cards, mind maps
Summarising notes and key concepts
Two Slow, One Fast
Right, Wrong, Right
Learning From Mistakes

PRACTICE - USE THE 3 AS OF EXAM PREPARATION



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PRACTICE – USE THE REVISION QUESTIONNAIRE

Reading through class notes	C
Using resources on Moodle	C
Using course textbooks	C
Mind-maps/diagrams	C
Making/remaking class notes	C
Highlighting/colour coding	C
Flash cards	C
Using a revision wall to display your learning	C
Writing exam answers under timed conditions	S
Reading model answers	S
Using past exam questions and planning answers	S
Marking your own work to a mark scheme	F
Studying mark schemes or examiners' reports	F
Paired teaching	F
Group work	F

You will notice some of the activities have letters next to them:

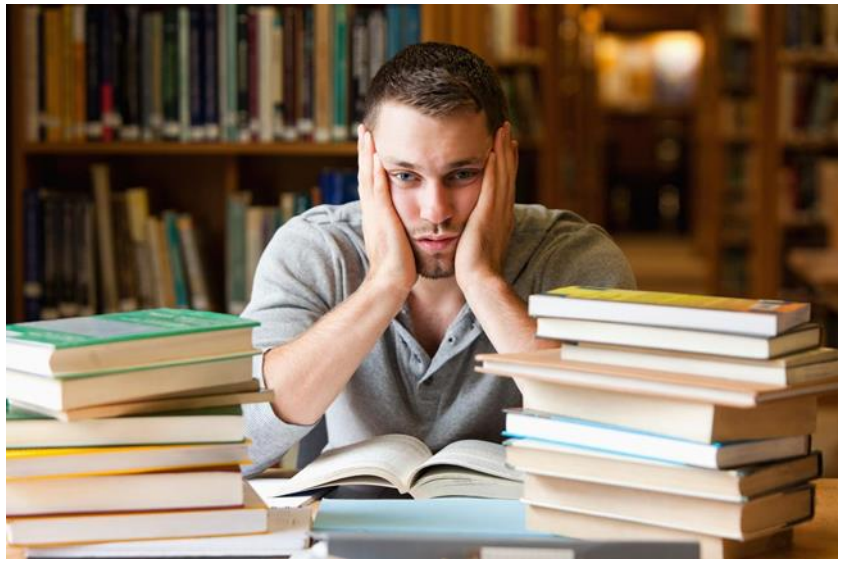
S = Skills techniques
C = Content techniques
F = Feedback techniques

To really revise effectively and practice you need a mixture of these techniques.

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ATTITUDE - KEY PRINCIPLES

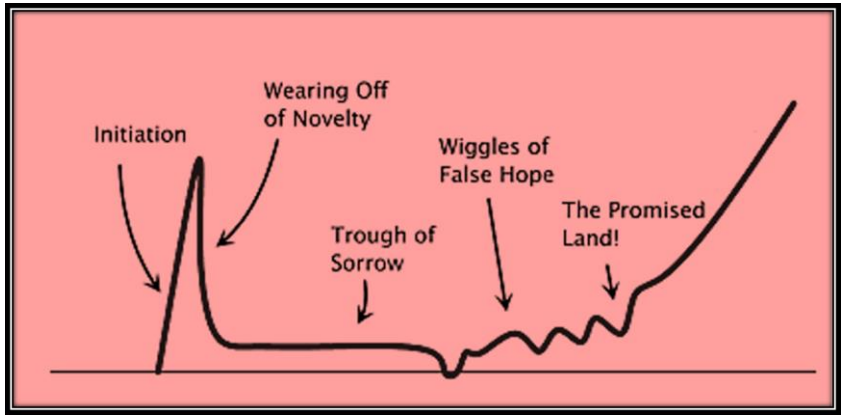
- Growth Mindset
- Resilience



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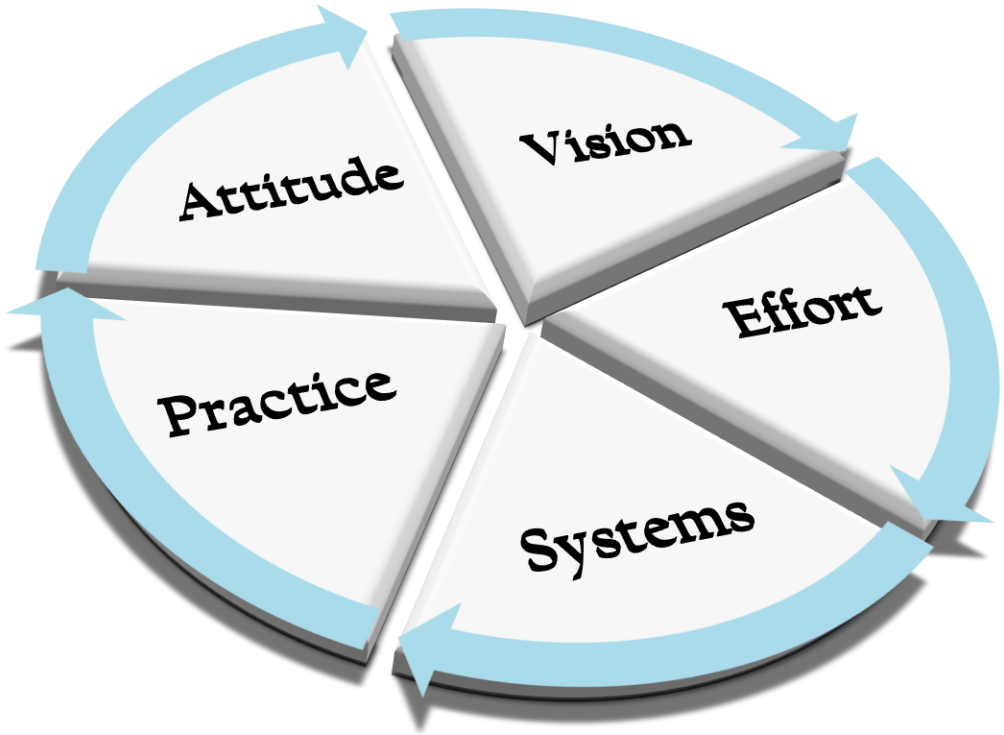
ATTITUDE – WHAT TO DO

- Audit your feedback and seek out examples of better work
- Seek out help confidently and ask advice
- Go through tough times but focuses on benefits and successes



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