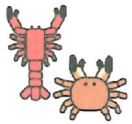
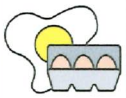
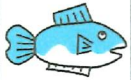
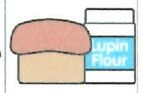
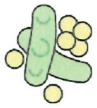
# DISHES AND THEIR ALLERGEN CONTENT –MAIN COURSE WEEK 4 2025

| DISHES |  |  |  |  |  |   |   |  |   |  |  |   |  |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **MAIN COURSE** | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| SPAGHETTI BOLOGNAISE | | ✓ | | | | | ✓ | | | | | | | |
| VEGGI SPAGHETTI BOLOGNAISE | | ✓ | | ✓ | | | ✓ | | | | | | | |
| SCHEZWAN CHICKEN WRAP | | ✓ | | | | | | | | | | | | |
| TANDORI CHICKEN AND RICE WRAP | | ✓ | | | | | | | | | | | | |
| ONION BHAJI AND BEAN WRAP | | ✓ | | | | | | | | | | | | |
| ROAST CHICKEN | | | | | | | | | | | | | | |
| GAMMON AND PINEAPPLE | | | | | | | ✓ | | | | | | | |
| CREAMY VEGETABLE SLICE | | | | | | | | | | | | | ✓ | |
| COD FILLET | | ✓ | | | ✓ | | | | | | | | | |
| TURKEY TIKKA ESCOLOPE | | ✓ | | | | | ✓ | | | | | | | |
| PIZZA CHEESE AND TOMATO | | ✓ | | | | | ✓ | | | | | | | |
| TAKE AWAY PANINIS | | ✓ | | | | | ✓ | | | | | | | |
| | | ✓ | | | | | ✓ | | | | | | | |
| | | ✓ | | ✓ | | | | | | | | | | |
| PASTA POTS | | ✓ | | | | | ✓ | | | | | | | |

Review date:
JULY 2026

Reviewed by:
CM

Food Standards Agency
food.gov.uk